Blessings for Expanded Oncology

Rev. and Mrs. Laursen share his 7-year battle with cancer

(page 3)
I am excited to announce that WMH has received its ISO 9001-2008 Certification on its first attempt at this quality measurement.

ISO 9001 was developed by manufacturing companies as a way to insure that their products would be at the highest quality by instituting consistent processes and protocols for staff to follow.

This certification was just recently put into place for healthcare institutions and for the last three years WMH and our staff have been working hard to meet these standards.

This is a great accomplishment and could not have been done without a lot of hard work by our entire staff.

What does this mean for patients using WMH for their healthcare services? This certification means that you can be assured that our processes and protocols have been reviewed by an outside organization and they have found the healthcare that we provide meets these very high quality standards.

I would like to congratulate all of our physicians and staff for the extra efforts that they have put in to obtain this quality certification.

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**“Fall Into Health” COMMUNITY HEALTH FAIR**

Oct. 24, 2015 9AM–1PM  LSSU CISLER CENTER

WMH is pleased to partner with the Chippewa County Health Department to deliver an event that is sure to leave you with healthy tips and insights into your own well-being. The event will offer a mix of health screenings, immunizations, fitness demonstrations, and other tips for staying healthy and active.

**IMMUNIZATIONS**
- Flu Shots
- Shingles Vaccine

**FITNESS DEMONSTRATIONS**
- Zumba
- Yoga
- Hula Hoop
- Belly Dancing

**HEALTH SCREENINGS**
- Glucose Testing
- Blood Pressure
- Pulse Oximetry

**INFORMATIONAL TABLES**
- Financial Fitness
- Hand-Washing Challenge
- Winter Outdoor Activities
- Meet the Specialist

For updated information on additional Health Fair offerings, be sure to visit our Facebook page at Facebook.com/WarMemorialHospital or website – WarMemorialHospital.org
Praise for expanded Oncology Department

Retired pastor knows too well the importance of cancer unit

Renovations are currently underway for the relocation and expansion of WMH’s Oncology Department, improving cancer care in the Eastern Upper Peninsula.

The unit, which is expected to open in mid-November, will bring a variety of oncology-related services to one location while increasing the amount of treatment space for patients requiring infusion therapy.

For the past seven years, Rev. Chris Laursen has been treated for multiple myeloma – a cancer that forms in plasma cells, which play an important role in the immune system. The retired pastor wasted no time in sending hospital CEO David Jahn his praise for the decision to expand.

“My wife and I want to commend you for your forward thinking and encourage you to proceed with your planning and construction of the new facility for the Oncology Department,” his letter began.

In a recent interview, Chris explained why he was pleased to hear the news. Although currently receiving his treatment via a pill, he underwent infusion therapy twice a week for nearly four months. On those days, he and Margaret, his wife of 62 years, would spend anywhere from one to three hours in treatment.

“All of the nurses were wonderful,” he explained. “They always included my wife in everything they did. She was able to sit with me, too. If there had been more patients with family, it would have been very crowded.”

With the department’s expansion, treatment areas will have more space, more privacy and be able to accommodate many more patients at once.

“When I was getting infusion, those chairs were almost always filled and there was no privacy at all other than the curtains. I think it will be great to have a little larger facility so staff isn’t on top of each other,” Chris added.

The expansion also means that the offices of Dr. Belisario Arango, the hospital’s oncologist, will be included within the department. Both Chris and Margaret are big fans of the physician.

“We think he is very special. We have talked to several people who see Dr. Arango and they feel the same way about him as we do,” she commented.

“At our first appointment with him, he was so concerned and so caring and we felt very comfortable. We think he’s a great person but also very, very talented. When I feel better, he’s all excited about it and we feel great that we are in good hands,” Chris explained.

In his letter to the CEO, the pastor also commented on the benefit of local care. “It is very helpful to be able to be treated locally rather than having to travel miles to another facility. Thank you for thinking of us who have heard that scary diagnosis – cancer,” he wrote.

Support for the project is coming from a number of directions, including financial contributions from community members. Memorial tiles are available for those who wish to make a donation in memory of a loved one or in honor of those fighting cancer. With a $250 gift, donors will be able to personalize a six-inch square tile, which will be placed on the wall of the department’s waiting room.

The newly-expanded Oncology Department will be located on the 2nd floor of the Medical Office Building.

“Anyone wishing to make a donation to the project or purchase a tile is invited to contact Teresa Armstrong, Director of Community Relations and Development Fund, at (906) 635-4351.

WMH HEALTHBEAT
Connecting patients and specialists starts here at WMH

**INTERNATIONAL ORTHOPEDICS & SPORTS MEDICINE**
Dr. Richard Ganzhorn  
(906) 632-4740

Performing a number of services and procedures for children and adults, including:
- Knee Arthroscopy
- Fracture Care/Trauma
- Foot/Hand/Shoulder Surgery
- Sports Medicine
- Total Joint Replacement

**WMH INFECTIOUS DISEASES**
Dr. Arthur Luka  
(906) 253-2665

Caring for individuals with infectious diseases while also providing:
- Travel Medicine Services
- Hepatitis Management

**NEPHROLOGY**
Dr. Mohammed Haider  
(906) 632-5824

Specializing in diseases that affect the kidneys, plus:
- Dialysis
- Transplant follow-up
- General Nephrology & Internal Medicine

**WMH ONCOLOGY**
Dr. Belisario Arango  
(906) 253-2685

Specializing in the diagnosis and treatment of:
- Cancer-Related Disorders
- Blood–Related Disorders

**SLEEP DISORDERS CENTER**
Dr. Farrukh Siddiqui  
Dr. John Sand  
(906) 253-2788

Performing a number of services and procedures for children and adults, including:
- Knee Arthroscopy
- Fracture Care/Trauma
- Foot/Hand/Shoulder Surgery
- Sports Medicine
- Total Joint Replacement

Specializing in the diagnosis and treatment of:
- Cancer-Related Disorders
- Blood–Related Disorders

Caring for individuals with infectious diseases while also providing:
- Travel Medicine Services
- Hepatitis Management
A variety of specialists provide important services right here in Sault Ste. Marie. This month we continue our showcase of providers and the care they deliver to you.

Specializing in sleep medicine and helping those with:
- Poor quality sleep
- Abnormal sleep/wake rhythm
- Snoring/Sleep Apnea
- Oxygenation/breathing problems
- And other sleep-related difficulties

Comprehensive care for a variety of general neurological conditions, including:
- Headaches
- Memory Problems
- Stroke
- Movement Disorders
- Epilepsy

These providers specialize in:
- Geriatrics
- Adult Primary Care
- Medication Management
- Prevention and Wellness
- Women’s Health

Complete care for a number of urological problems, including:
- Urinary tract / bladder issues
- Kidney stones
- Incontinence
- Prostate issues
- Vasectomy
WMH is pleased to announce the organization has earned ISO-9001 Certification, a quality management system mostly known in the manufacturing world as a mechanism for insuring consistent service, customer satisfaction and continual improvement. In recent years, hospitals and healthcare systems have pursued ISO certification.

“We have been surveying on it for the past three years,” explained Emily Bochniak, WMH Director of Quality Management. “Over those three years, we’ve developed processes and put policies and practices into place. This has helped us as an organization by validating those things we were already doing well and highlighting those areas that needed improvement,” she said.

Patients can interpret ISO-9001 certification as extra assurance that they will receive consistent care and excellent customer service at WMH.

“The same standard of care is always our goal,” Bochniak added. “Those standards are key to providing care that is high in quality and consistently delivered safely.”

ISO certification is good through October, 2017, when the organization will undergo recertification. WMH is surveyed by the DNV annually to assure compliance with CMS (Medicaid/Medicare) regulations. ISO certification is above and beyond typical hospital requirements and involves even more stringent standards. The result is an environment where both employees and patients can be confident that the proper systems are in place for the best possible care.

“It means we work diligently to identify, measure, control and improve our process to ultimately improve performance,” the quality director explained.

**HENs for safety, cost savings**

A network of hospitals in Michigan has identified, shared, and implemented best practices to reduce preventable hospital-acquired conditions. War Memorial Hospital is pleased to be a part of the MHA Keystone Center and was recently recognized for its participation in what is referred to nationally as a Hospital Engagement Network (HEN).

So what does it mean to be part of a HEN? According to the Centers for Medicare and Medicaid Services, these networks…

- Provide a wide array of initiatives & activities to improve patient safety;
- Conduct intensive training programs to help hospitals make patient care safer;
- Provide technical assistance to help hospitals achieve quality measurement goals;
- Establish & implement a system to track & monitor hospital progress in meeting quality improvement goals.

Collaboration has also led to cost savings. MHA indicates that more than $40 million in unnecessary costs were saved each year between the years of 2012 – 2014 thanks to the HEN.
Pulmonary Care specialist joins WMH med staff

War Memorial Hospital welcomes Easa Al-Ghandour, M.D., to the hospital’s medical staff. Dr. Al-Ghandour’s practice will focus on pulmonology and the care and treatment of those with lung-related ailments.

Born and raised in Jordan, the doctor has worked in the United States since 2009 – first in Rhode Island and more recently in Wisconsin, where he recently completed a fellowship in Pulmonary and Critical Care Medicine at the Medical College of Wisconsin. From 2009-2012, he completed his Internal Medicine residency at Memorial Hospital of Rhode Island.

Al-Ghandour said the experiences of family shaped his decision to pursue a career in medicine.

“My father was sick and passed away from diabetes and a heart condition. He was sick for a long time and it was then I decided I wanted to help people who were suffering,” he explained.

Al-Ghandour evaluated several opportunities at the conclusion of his Wisconsin fellowship and said he and his wife both felt good about Sault Ste. Marie and War Memorial Hospital.

“My wife liked it here and I really liked the people so that is what led us here,” he said. They relocated with their five-year-old son and two-year-old daughter.

When he’s not working the doctor is focused on family. “Usually I spend my time with my family outdoors, playing soccer with my son, maybe shopping or going to a park,” Al-Ghandour said, adding that they enjoyed sledding with the kids in the winter months.

To make an appointment, call (906) 253-2652.

With training that has spanned the globe, his experience with pulmonary care is well-rounded, with the focus on smoking-related illnesses, asthma, chronic obstructive pulmonary disease (COPD), and cancer-related issues. Much like the Upper Peninsula, his native country has a high incidence of smoking and many of these same ailments are common there, too.

Hands-Only CPR: Keep the Beat, Save a Life

The fear of performing mouth-to-mouth resuscitation has previously discouraged some from performing CPR, but new guidelines from the American Heart Association may have some people breathing a sigh of relief.

Hands-Only CPR is the newest approach to administering a life-saving rescue to those who have suddenly collapsed from cardiac arrest.

“We ask that people keep calm and push straight down hard and fast, with the heels of the hands on the center of the chest bone,” explained Jan Bailey, RN. Bailey is a nurse supervisor and is a WMH CPR faculty member.

After first calling 911, begin performing chest compressions. How do you know how many and how fast?

The AHA has provided an instantly-recognizable beat – particularly for those with a memory for 1970s-era disco music.

“Using the Bee Gee’s song Staying Alive, you should deliver 100 beats per minute,” Bailey explained. “Hard and fast is the theme,” she added. “And keep it up until help arrives.”

Bailey likened compressions to acting as an engine. “If somebody collapses, the oxygen in their system doesn’t go away. If you start compressions right away, you’re acting as the heart and pumping that oxygen around to lessen brain damage,” she explained.

To see a video explanation of Hands-Only CPR, visit warmemorialhospital.org

WMH and local EMS agencies have been educating the public on Hands-Only CPR. If you want to attend CPR training or would like someone to provide instruction to a group you are involved in, contact Stacy Fitzpatrick at (906) 253-2755.
WAR MEMORIAL HOSPITAL
500 Osborn Blvd.
Sault Ste. Marie, MI 49783
(906) 635-4460
www.warmemorialhospital.org

*indicates WMH admitting privileges

**Local health care providers**

**FAMILY PRACTICE**
*P.W. Niemi, DO  
(906) 632-1100

**Bay Mills Health Center**
D. Maloney, MD  
D. Furr, NP  
(906) 248-5527

**Bridgeview Family Medicine**
*T.E. O’Connor, MD  
*J. Garlinghouse, MD  
J. Peterman, MD  
(906) 253-9374

**Community Care Clinic**
G. Pramstaller, DO  
S. Bartz, PA  
T. Malloy, NP  
M. Millette, PA  
T. Siesel, NP  
R. Brand, NP  
(906) 635-4401

**LSSU Health Care Center**
S. Bartz, PA-C  
M. McLeod, NP-BC  
(906) 635-2110

**Riverside Medical Associates**
M. Crawford, CFNP  
*R.H. Mackie, MD  
T. Malloy, FNP-BC  
P. Nichols, CFNP  
*J.P. Ockenfels, DO  
*T.N. Tetzlaff, DO  
(906) 632-1800

**Sault Tribe Health Center**
C. Behling, CFNP  
E. Javellana, MD  
G. Maloney, MD  
V. Sherman, MD  
L. Stery, MD  
R. Werner, MD  
(906)632-5200

**Superior Family Medical**
*J.M. Pahn, MD  
(906) 632-0370

**VA Community Based Outpatient Clinic**
Colleen Burton, NP  
(906) 253-9383

**WMH Community Care - Kinross**
C. Harris, MD  
J. Sommers, NP  
(906) 495-1344

**WMH Family Care – Cedarville**
B.M. Slater, DO  
S. Daniels, PA  
(906) 484-2295

**Drummond Island**
Family Health Care, PC  
C. Cordray, CFNP, MSN  
(906) 493-6644

**Drummond Island Medical Center**
S. Aldridge, MD  
S. Daniels, PA  
(906) 493-5221

**General Surgery**
*K.L. Mc Cullough, MD  
(906) 635-1048

**Advanced Surgical Care**
*J. Adair, MD  
*P. Rechner, MD  
(906) 253-9770

**Infectious Disease**
WMH Infectious Disease  
*A. Luka, MD  
(906) 253-2665

**Internal Medicine**
*E.J. Ranta, MD  
(906) 632-6823

**Lakeview Internal Medicine**
*T. Chander, MD  
(906) 635-9090

**Neurology**
V. Giger, MD  
(906) 632-5824

**Obstetrics & Gynecology**
Sault Women’s Healthcare  
*L. Anghel, MD  
*N. Cristof, MD  
*A. Donmyer RN, CNM  
*M. Guevara, DO  
(906) 635-3002

**Orthopedic Surgery**
International Orthopedic and Sports Medicine Center  
*R.W. Ganzhorn, MD  
(906) 632-4740

**Pain Management**
Upper Peninsula Pain Institute  
*Andrew Alshab, MD  
(906) 632-5849

**Pathology**
C. Liu, MD  
(906) 635-4434

**Pediatrics**
Sault Pediatrics  
*R. Beckman, DO  
(906) 253-2605

**Podiatric Surgery**
R. Sehgal, DPM  
(248) 553-4040

**Radiology**
Cedar Straits Medical Associates, PC  
R.J. Duman, MD  
S. Bailey, MD  
(906) 635-4438

**SLEEP Medicine**
J. Sand, DO  
F. Siddiqui, MD  
(906) 253-2788

**Urology**
*L.M. McCormick, DO  
(906) 632-5808

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*indicates WMH admitting privileges