



AUXILIARY NEWSLETTER

April 2016

APRIL PRESIDENT'S MESSAGE

I don't think I need to say anything about the weather because I am sure all of you are ready for winter to be over just like I am.

I have had some requests to put the information in the newsletter on how to access the newsletter on the Hospital web site. Type in the web site: www.warmemorialhospital.org

Then when the hospital home page comes up look for About WMH on the right side of the screen and click on that. When the next screen comes up look for News & Information and click on that. When the next screen comes up look for WMH Auxiliary Newsletter and click on that. That screen shows all the newsletters so just click on the most recent one. I am going to have the April newsletter on line but I am also mailing it out to everyone because there is information in it about the May Auxiliary Luncheon.

Please keep in mind the WMH Auxiliary Flea Market on Saturday, June 4, 2016 at Kaines Rink. We will start sorting items on Monday, May 23 at 9:00 a.m. and will be working every day except May 29 and 30 (Memorial Day). We need help in every area so please come down to Kaines Rink and help sort and price items and to work on the day of the sale. If you have any questions just give me a call.

Cindy Hopper, 635-1654.

MAY AUXILIARY LUNCHEON

The WMH Auxiliary May Luncheon will be held on, Monday, May 2, 2016 at 1:00 p.m. in the Long Term Care Dining Room. This luncheon is sponsored by the Hospital and the Auxiliary will also have a short business meeting and election of officers for 2016-2017. Hope to see you there. Cindy Hopper

FLEA MARKET BAKE SALE

First of all, we would like to thank all the volunteers that helped with the bake sale last year. It was very successful. We will be asking for your donation of baked goods again this year.

Cookies, brownies, breads, muffins, jams, and fudge are always good sellers; but whatever you make will be greatly appreciated. Last year some of the items that was donated included raw rhubarb, chicken pot pies and crescent rolls. We sold out of everything. Please remember to write your name and hours on a piece of paper along with the type of item/s you baked. You may price your items or let us price them for you.

As many people have allergies (peanut butter, nuts, wheat, etc.) we would also like you to list the ingredients used in baking them. If you prefer not to list all the ingredients, please list the ones for allergies.

In May the calling committee will be calling to ask for baked goods. Please help us out and make this event happen.

You may bring your baked goods to the GIFT SHOP THURSDAY, JUNE 2nd OR FRIDAY, JUNE 3rd or bring them to KAINES RINK on SATURDAY, JUNE 4th between 7:30 AM to 9:30AM.

If you have any questions, please call Sylvia Wood (635-1134) or Gail Shunk (635-5419).

USED SMOCKS FOR SALE

There are currently five small, one large and two XXL sizes available. The cost is \$5.00 each.

Call Joyce Henderson at (906)647-3242
or e-mail her at jjhson@centurylink.net.

ZIPPED SWEATSHIRTS FOR SALE

This is a new item available for sale for Auxiliary members. They are Enza brand, cotton/polyester/spandex blend. Grey with the WMH Auxiliary logo in light green with blue stitching. Sizes available range from Small to 2X. Cost is \$34.00 and a Unisex style is also available (heavier weight) for \$29.00.

Contact Joyce Henderson (906)647-3242.

The provider is All Star Graphics. Feel free to stop by and try one on for size fit.

Volunteer Hours

WMH Auxiliary Members are asked to contribute a minimum of 24 hours of service to the activities of the auxiliary. There are plenty of opportunities to get hours. You can contact any committee chairperson to see how you can help. Some opportunities include helping at the information desk, delivering newspapers, working on tray favors, helping with things for Long Term Care, working in the Gift Shop, working at the Flea Market and working on special projects like the Linen or Jewelry Sales.

I have included a form for members to submit their own hours. Many Committee Chairpersons keep track of the worker hours for their committee so if you are part of particular committee, check with the Chairperson to see if they are turning in your hours on that committee. You may also include 2 hours for attending a general member lunch or dinner meeting. Hours are counted from July 1 through June 30. Associate and Lifetime members are not required to contribute hours but many give lots of hours each year to our Auxiliary. If you are an Associate or Lifetime member, please submit your hours.

Committee Chairpersons can submit their committee member hours as they have in the past. Please include your name and phone number in case we have any questions.

For the 2014-15 year, our members contributed well over 15,000 hours. Our hours are sent to the state and included in a report that goes to the Federal Government. Volunteer hours are given a dollar value and that is used in a variety of reports and other ways. Your hours count and we need to be very proud of what our organization accomplishes.

If you have any questions about hours, what counts, or the form, please contact **Janet Rathke at 906-253-1334 or jrathke@up.net.**

Benefits of Being a Volunteer

In a recent article in a newsletter from Brookdale Senior Living Solutions, it was stated that “over 26 million senior citizens in this country” volunteer in some capacity. “According to researchers at the University of Michigan, seniors who volunteer may actually add years to their lives along with satisfaction of helping others and making a difference in their community”.

The benefits seem to be “due to increased physical, social and mental activity resulting from being a volunteer. Other studies have shown that volunteers experience increased brain activity, preservation of cognitive function and lower rates of depression.”

So, it would seem that, as members of War Memorial Hospital Auxiliary, not only are we contributing to the hospital, but we are also

adding years to our own lives! If you know someone who is looking to add a few quality years to their life and contribute to our local hospital, be sure to let them know about our Auxiliary.

Submitted by Janet Rathke

GIFT SHOP

I'm hoping that spring will be here - for real - by the time you get this newsletter and that our Snowbirds are back in town. Please call your shift manager when you get back.

We have many new spring and summer items for your yard and garden. We've been purchasing Tigers, Red Wings, and Lions mugs which make great gifts for Father's Day, Graduation and yes, even Mother's Day. We also have items for 1st Communion and Confirmation. Stop in and see all the other goodies we have for these events and every day.

The Gift Shop will be having a JEWELRY TRUNK SALE on Thursday, May 5 in the hospital lobby. Volunteers are needed for all 3 shifts: 7:00 - 10:30, 10:20 - 1:40 and 1:30 - 5:00. Call Linda at 635-5475 to sign up for a shift.

We are still in need of volunteers to work in the Gift Shop for all shifts. Call Linda or Sylvia (635-1134) if you are interested. Training will be given.

Thank you to all our volunteers. You've been doing a GREAT job!
Linda and Sylvia

Looking ahead...

Geneva Distributing will be our Summer fund raiser in the month of July. If you have not had the chance to check out their products (sheet sets, sherpa blankets, bamboo memory foam pillows, etc), mark your calendar for July 20 and 21, 2016. The sale will be located in the main lobby. Last year, we hosted them two times and raised over \$7000! They have great products as well as great prices. See you then!

Deborah Northrop, Counselor

*I had a Goldfish that
could
Break dance on the
carpet.*

It is that time of year again. No, not Spring, we are still waiting for that time. It is Wish List time. The requests have been collected and organized. Your Auxiliary Board has reviewed the items and voted. Now, we are in the process of notifying the recipients of the award of their wish.

Your Board voted to spend \$30,000.00 on the Wish List. We are happy to announce we have carefully considered all the requests and have awarded 12 items to 10 different departments for a total of \$ 29,865.80.

Notifications will go out soon and the process of purchasing will begin. We'd like to thank all the departments who submitted a request. We'd like to thank all the Board members who shared their thoughts and voted. We are excited about our list. The Auxiliary is also making the final installment of \$35,000.00 to the Hospital Emergency Room in May 2016. Deborah Northrop, Counselor

Urology	Cytoscope, monitor and camera	1	\$ 17,000.00	\$17,000.00	\$17,000.00
Long Term Care	Televisions	20	\$ 148.39	\$2,967.00	\$2,967.00
Long Term Care	Wheel Chairs	5	(2) \$294.95 & (3) \$315.95	\$1,537.75	\$1,537.75
Materials Management	Aluminum Telefolding Hand Trucks	2	\$ 200.00	\$400.00	\$400.00
Radiology	Grids 10x12 and 14x17	1 of each?	\$1,701.66	\$1,701.66	\$1,701.66
*Sleep Lab	Queen bed sheets	5 sets	\$ 500.00	\$500.00	\$250
Surgical Services	Stretcher mattress	9	\$ 360.18	\$3,338.86	\$3,338.86
Ultrasound	Vitals monitor with cart	1	\$1504.97	\$ 1504.97	\$1,504.97
Sault Pediatrics	VFC 5000-TP Vaccine Monitoring Data Logger	2	\$ 156.00	\$312.00	\$312.00
Cardiology/Echo Lab	Rolling saddle stools with back support	2	\$ 353.56	\$353.56	\$353.56
Community Relations	Adobe Photoshop Software, 1 year and WeVideo Software, 1 year	1 each	\$240 and 160 respectively	\$400.00	\$400.00
BHC	Stethoscope	1	\$ 100.00	\$100.00	\$100.00

Total \$30,115.80 \$29,865.80

Updated April 11,
2016

**War Memorial Hospital Auxiliary
Volunteer Hours
7-1-2015 to 6-30-2016**

Regular Auxiliary Members are required to contribute a minimum of 24 hours per program year. Associate Members and Lifetime Members are not required to contribute hours but many do. If you have contributed any hours to Auxiliary during the program year, please complete this form. If you are on a committee like Gift Shop, your hours may be submitted by the chairperson, so you may want to check on that. **Completed forms should be returned to: Janet Rathke, PO Box 1308, Sault Ste Marie, MI, 49783, at any time but no later than July 15, 2016.** If you have any questions, contact Janet at 906-253-1334. WMH Auxiliary Hours become part of a larger statewide report on volunteer activities in Michigan. Thanks so much for all you do.

Name _____

Phone Number _____

Board Position _____ Hours _____

Committee _____ Hours _____

Committee _____ Hours _____

Committee _____ Hours _____

Committee _____ Hours _____

Meeting Attended _____ Hours _____

Flea Market Hours _____

Any Other Hours _____